CHINA

Quality of Care

The Chinese health care system is currently undergoing a gradual transformation, from socialized health care to a system that includes privately-run facilities aiming to meet international standards. Although the system is rapidly evolving, travelers encounter a situation similar to that in other countries in Asia: abundant facilities in urban areas providing adequate care, but rural areas that are underserved, often offering only rudimentary medical facilities short on supplies and well trained staff.

The largest cities—including Shanghai, Beijing, and Shenzhen—have health care facilities capable of treating most travelers with minor medical conditions. Elsewhere services are very basic and not recommended for travelers and visitors. For many travelers, international clinics are the best option, offering both inpatient care (often as a precursor to evacuation) and outpatient care in clean, Western-style facilities.

UnitedHealthcare Global recommends that travelers and foreign visitors seek care in private clinics in China’s urban cities, preferably those staffed by Western-trained physicians. If care is unavailable from a private facility, the VIP wards of urban area hospitals should be able to provide adequate level of care and stabilization prior to evacuation. UnitedHealthcare Global recommends evacuation in cases of serious medical conditions or emergencies requiring invasive procedures, complex surgical interventions, or if prolonged hospitalization is required.

Travelers should note that medical training varies widely among doctors practicing in China. Doctors in rural areas may have only trained for three years; even in major cities, the duration and scope of study may not be up to Western standards. Other doctors may have trained in traditional Chinese medicine but have had little exposure to up-to-date Western medical practice.

UnitedHealthcare Global Contacts

From China, dial, fax or email:
- 108888 (wait for tone) 800-527-0218 (northern regions)
- 10811 (wait for tone) 800-527-0218 (southern regions), or
- 00-1-410-453-6330 (can be called collect)
- Fax: 00-1-763-367-4063
- Email: assistance@uhcglobal.com

Emergency Services

Emergency Numbers to be dialed locally:
Ambulance & Medical emergency services: 120
Fire: 119
Police: 110

Private transportation or a taxi may be the best option for travelers in need of emergency transportation due to the poor functioning of the public emergency system in China. Public ambulance services in major cities are better equipped to handle emergencies, although response times can vary between different neighborhoods in urban areas.

Travelers in Beijing may also dial 999, which will access the emergency services of the Beijing Red Cross. This service has a smaller presence in the city than the 120 service and is not available in other parts of the country.

In the case of an emergency, go IMMEDIATELY to the nearest physician or hospital without delay, then notify UnitedHealthcare Global Assistance as soon as possible of your situation.
Hospitals in Beijing

Beijing United Family Hospital (北京和睦家医院)
2 Jiangtai Lu – 将台路2
Chaoyang District – 朝阳区
(Near the Lido Hotel)
Beijing
Beijing
China
Postal Code: 100016
International Phone: +86 10 5927 7000
Local Phone: 010 5927 7000
Website: http://beijing.ufh.com.cn
Comments: This is a Regional Center of Excellence. It is a private facility accredited by the Joint Commission International (JCI) and staffed mostly with expatriate physicians. This hospital also has an ER (Emergency Room) open 24/7 equipped with advanced diagnostic equipment. The distance from Peking University Global Village to this facility is approximately 17 kilometers away.

Beijing Puhua International Hospital (北京普华医院)
12 Tiantan Nanli – 天坛南里12
Chongwen District – 崇文区
Beijing
Beijing
China
Postal Code: 10050
International Phone: +86 10 6703 5566
Local Phone: 010 6703 5566
Website: www.puhuahospital.com
Comments: This small private joint venture hospital located next to the Tiantan Hospital (south of the city) is managed by Americans and provides outpatient and general inpatient services. It specializes in neurosurgery, rehabilitation and general medicine as well as traditional Chinese medicine. The distance from Peking University Global Village to this facility is approximately 24 kilometers away.

Mental Health Care in Beijing

Beijing Anding Hospital (北京安定医院)
5 Ankang Hutong – 安康胡同5号
Xicheng District – 西城区
Beijing
Beijing
China
International Phone: +86 10 5830 3063
Local Phone: 010 5830 3063
Website: www.bjad.com.cn
Comments: Beijing Anding Hospital of Capital Medical University is a tertiary mental hospital. It provides 24/7 psychiatric ER and services for outpatient and inpatient care for patients with acute, severe mental disorders and liaison consultation. The distance from Peking University Global Village to this facility is approximately 11 kilometers away.
Pharmacy in Beijing

Beijing United Family Hospital (北京和睦家医院)
2 Jiangtai Lu – 将台路2
Chaoyang District – 朝阳区
(Near the Lido Hotel)
Beijing
Beijing
China
Postal Code: 100016
International Phone: +86 10 5927 7000
Local Phone: 010 5927 7000
Website: http://beijing.ufh.com.cn
Comments: Beijing United Family Hospital pharmacy is open 24 hours a day to give access to prescriptions and over-the-counter (OTC) medication. Western prescriptions are also available. The distance from Peking University Global Village to this facility is approximately 17 kilometers away.

General Practitioner Care in Beijing

Beijing United Family Hospital (北京和睦家医院)
2 Jiangtai Lu – 将台路2
Chaoyang District – 朝阳区
(Near the Lido Hotel)
Beijing
Beijing
China
Postal Code: 100016
International Phone: +86 10 5927 7000
Local Phone: 010 5927 7000
Website: http://beijing.ufh.com.cn
Comments: This is a Regional Center of Excellence. It is a private facility accredited by the Joint Commission International (JCI) and staffed mostly with expatriate physicians. General practitioner services and multi-specialty outpatient department are available for appointments that can be arranged via phone or through their website. The distance from Peking University Global Village to this facility is approximately 17 kilometers away.