

# **Custom Reports**

## **SINGAPORE**

#### **Quality of Care**

Overall, Singapore has an excellent health care system, offering some of the best care available worldwide. Health care is available throughout the entire island. The hospitals in Singapore, in general, are well-staffed by highly-trained physicians, technologically well-equipped and offer comfortable accommodations.

Both public and private hospitals are equipped with the latest medical equipment to maintain a high standard of medical service.

#### **UnitedHealthcare Global Contacts**

## From Singapore, dial, fax or email:

Phone: 00.1.410.453.6330 (can be dialed collect)

• Fax: 00.1.763.367.4063

Email: assistance@uhcglobal.com

#### **Emergency Services**

#### **Emergency Numbers to be dialed locally:**

Ambulance & Medical emergency services: 995

Fire: 995 Police: 999 Overall Medical Risk

Disease Risks

Quality Of Care Risks

Remoteness Risks

Cultural Challenge Risks

In general, both public and private ambulance services in Singapore are very reliable. Ambulances are fully equipped and staffed by well-trained professionals capable of providing basic life support. In the case of an emergency, go IMMEDIATELY to the nearest physician or hospital without delay, then notify UnitedHealthcare Global Assistance as soon as possible of your situation.

#### **Hospitals in Singapore**

### **National University Hospital**

5 Lower Kent Ridge Road Singapore

Singapore

Postal Code: 119074

International Phone: +65 6779 5555

Local Phone: 6779 5555 Website: www.nuh.com.sq

Comments: This "restructured" multi-specialty tertiary care facility is accredited by the Joint Commission International (JCI). It provides a complete range of excellent medical services and dedicated institutes of Cardiology, Ophthalmology, and Pediatrics among others. Adult and pediatric ER is available 24/7. This is a center of reference for acute care in Singapore. This facility is located 2.8km (5 minute drive) from the NUS University Town (UTown).



# **Custom Reports**

### Raffles Hospital > Raffles Medical Group

585 North Bridge Road

Singapore Singapore

Postal Code: 188770

International Phone: +65 6311 1111

Local Phone: 6311 1111

Website: www.rafflesmedicalgroup.com

Comments: This hospital is a private alternative to the National University Hospital, although it must be noted that it located further from the NUS University Town (UTown). The hospital is 12.3km (18 minute drive) from the campus in the heart of the city a 5 minute walk from Bugis area. Considering the distance, the National University Hospital is preferred for all emergent cases. This is a centrally-located private multi-specialty facility offers a comprehensive range of medical and surgical specialties (in- and outpatient) supported by advanced diagnostics. A 24/7 ER is also available.

## **Mental Health Care in Singapore**

## Fernhill Psychology and Counselling

27 Woking Road, Wessex

Estate, Singapore Singapore

Postal Code: 138705

International Phone: +65 9623 4461

Local Phone: 9623 4461 Website: www.fernhill.com.sg

Comments: This is a private outpatient counselling center located 5km (10minutes) from the NUS University Town (UTown). Hours of operations are Monday to Thursday: 9am to 8pm/ Friday: 9am to 7pm. This counselling center's staff has international experience.

#### Raffles Hospital > Raffles Medical Group

585 North Bridge Road

Singapore Singapore

Postal Code: 188770

International Phone: +65 6311 1111

Local Phone: 6311 1111

Website: www.rafflesmedicalgroup.com

Comments: This hospital is a private alternative to the National University Hospital, although it must be noted that it located further from the NUS University Town (UTown). The hospital is 12.3km (18 minute drive) from the campus in the heart of the city a 5 minute walk from Bugis area. Both Psychology and Psychiatry consultation services are available at this facility. This is a centrally-located private multi-specialty facility offers a comprehensive range of medical and surgical specialties (in- and outpatient) supported by advanced diagnostics. A 24/7 ER is also available.



# **Custom Reports**

### **Pharmacy in Singapore**

#### Guardian

2 College Avenue West

Singapore Singapore

International Phone: +65 6268 9912

Local Phone: 06268 9912 Postal Code: 138607

Website: www.guardian.com.sg

Comments: Open Monday to Friday: 9am to 9:30pm and located at walking distance from the NUS University Town (UTown).

This location only offers over the counter medication and does not have a pharmacist on staff.

#### **Guardian - Vivo City**

1 Harbour Walk, VivoCity

Level 1 Singapore Singapore

Postal Code: 098585

International Phone: +65 6376 9947

Local Phone: 6376 9947

Website: www.guardian.com.sg

Comments: Open Monday to Sunday: 10am to 10pm and located 9km (15 minute drive) from the NUS University Town

(UTown). This location has a pharmacist on staff.

#### **General Practitioner Care in Singapore**

#### Raffles Medical Clinic Clementi > Raffles Medical Group

Block 431 Clementi Avenue 3

#01-306 Singapore Singapore

Postal Code: 188770

International Phone: +65 6872 9043

Local Phone: 6872 9043

Website: www.rafflesmedicalgroup.com

Comments: This is an outpatient clinic offering general medicine only. Hours of operation are Monday to Friday: 8:30am to 9:30pm/ Saturday and Sunday: 8:30am to 1pm, with break times are between 1-2pm & 5:30pm - 6:30pm. This clinic is

located 2.1km (6 minute drive) from the NUS University Town (UTown). Walk-in service is available.